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| **SCORE** | **PARTICIPATION (4)** | **SPORTSMANSHIP (3)** | **DRESS DOWN (3)** |
| A= 9-10 | From start of class to finish student is on task, fully participating in activity (from warm ups, to fitness activities, to sports) | Student is respectful and courteous of others in the classroom. Takes initiative to cheer someone on, rather than bring them down. | Student dresses down in PE appropriate clothing (active shirt, shorts, pants, sweatshirt, tennis shoes) |
| B= 7-8 | Student is on task, but might not participate to their maximum level- (based off of baseline fitness testing) | Student is respectful for the most part of class but struggles with language (curse words, antagonizing actions towards others, physical at inappropriate times) | Student forgets clothes but participates fully in all warm ups- activities etc. |
| D= 6 | Student is off task frequently but participates for at least half of the class | Student uses poor language at least 3 times or more in one class period. | Student forgets clothes and picks and chooses when he/she participates throughout the period |
| F= 1-5 | Student does not participate at all or gives minimum effort in given activity (based on baseline fitness testing) | Student uses poor language displays poor actions towards others frequently throughout class period (more than 3 times) | Student forgets clothes (or chooses to not dress down) and does not participate in ANY activity during class. |

\*During “Running Days” the participation grade is based on the running activity. EX: if the assignment is to run for 10 minutes- the student will run for 10 minutes at a pace that is manageable yet challenging for the student. If a student should stop and walk at any time they will lose part of their participation points for that day. If student doesn’t run at all they will lose all 4 of their participation points for that day.